

**For further information contact us
on:**

01206 548196

Web:

www.essexsight.org.uk

E-mail:

services@essexsight.org.uk

**Find us on Facebook
[@sightlossinessex](https://www.facebook.com/sightlossinessex)**



**Part of Essex Blind Charity
Registered Charity No. 1103732**



**Visually Impaired?
We are here to help**



COLCHESTER Sight Centre



**Lion Walk Church,
Lion Walk Precinct,
Colchester CO1 1LX
Every Wednesday 10am – 1pm**

How we can help you

Essex Sight provides practical help, emotional support and advice to visually impaired people and their carers

We can help people to maintain their safety and independence and reduce their feelings of isolation

We can put you in touch with local clubs and services and national charities and organisations

We can provide information on eye conditions and demonstrate low vision aids and equipment

Your sight matters

Did you know, 50% of sight loss is avoidable.

Essex Sight has been helping the visually impaired for over 100 years.

We hold regular exhibitions of low vision technology and services.

Please contact us if you would like to find out more about the range of services we provide.

***Would you like to volunteer with us?
Please contact us to find out more about what volunteering roles are available.***