

**For further information contact us
on:**

01206 548196

**Web:
www.essexsight.org.uk**

**E-mail:
services@essexsight.org.uk**

Find us on Twitter and Facebook

**Part of Essex Blind Charity
Registered Charity No. 1103732**



**Visually Impaired?
We are here to help**



COLCHESTER Sight Centre



**First Floor, Colchester Library,
Trinity Square, Colchester,
CO1 1JB
(access via lift)
Every Wednesday 10am – 1pm**

How we can help you

Essex Sight provides practical help, emotional support and advice to visually impaired people and their carers

We can help people to maintain their safety and independence and reduce their feelings of isolation

We can put you in touch with local clubs and services and national charities and organisations

We can provide information on eye conditions and demonstrate low vision aids and equipment

Dates for 2025

Wednesday 10th December, 2025

Wednesday 17th December, 2025

Dates for 2026

Wednesday 7th January, 2026

Wednesday 14th January, 2026

Wednesday 21st January, 2026

Wednesday 28th January, 2026

Wednesday 4th February, 2026

Wednesday 11th February, 2026

Wednesday 18th February, 2026

Wednesday 25th February, 2026

Wednesday 4th March, 2026

Wednesday 11th March, 2026

Wednesday 18th March, 2026

Wednesday 25th March, 2026